

CONTRIBUTION FOR u3a NORTHUMBRIA REGION NEWSLETTER

Great advice readily available

Every edition of our wonderful (and very cheap) edition of the u3a Matters magazine has a full page, listing around eighty u3a Subject Advisers. A recent innovation has been a regular magazine feature highlighting the passions of three u3a Subject Advisers.

Each u3a Subject Adviser has their own webpage (see [u3a - Subject Advice](#)); some provide useful external links and offer online talks, others write blogs in Sources ([Home - u3a Sources](#)) or facilitate networks of interested individual u3a members.

I do hope that u3a Groups Co-ordinators encourage their Group Convenors (Organisers, Leaders etc) to use appropriate u3a Subject Advisers, a really great free resource.

In April, as a long-standing Trust Volunteer, I began an exciting new role as the u3a Subject Adviser (UK Parliament). These are early days but, already, I have advised some u3as about exactly what is 'political' (most u3a initiatives are not) and arranged a visit in August to see where Sir Lindsay Hoyle, the Speaker of the House of Commons, lives and conducts official business, outside of the Chamber.

Also, plans are well advanced for u3a to celebrate 2025 UK Parliament Week with an online learning session "Are you influential? Get your voice heard in UK Parliament". For further details, in due course, go to [u3a - Online Learning Events](#)

Kelvin Rushworth

u3a Subject Adviser (UK Parliament)



Photo credit: Harry Shum